

A SIMPLE GUIDE TO P.R.A.Y.

Monday, May 13th – 6A Grace Moms Wednesday, May 15th – 6A and Noon Friday, May 17th – Noon

Missions Month – The Missionary God

"P" PAUSE

(Slowing and Centering, Silence, Stillness, and Waiting) **Pause -** Lord, as we enter our prayer time now, we pause to be still; to breathe slowly and to re-center our scattered senses upon Your presence.

Prayer of Approach – Creator God, who formed humanity from dust, breathe in us again. Revive us and sanctify us by Your power, Holy Spirt. Set our hearts on fire with the good news of Your gospel, Jesus Christ our Lord. Amen.

"R" REJOICE and REFLECT

(Adoration and Thanksgiving)

Pause, Reflect and Rejoice quietly on this truth

REFLECT - We choose to <u>reflect</u> today in the truth of God's everlasting plan of redemption and salvation, from the ancient praise of all God's people in the words of Isaiah 52v7 - How beautiful upon the mountains are the feet of those who bring good news, who publish peace who bring good news of happiness, who publish salvation, who say to Zion, "Your God reigns".

REJOICE – We choose to <u>rejoice</u> in our Missionary God, reflecting on the words from Revelation 7v9-12

After this I looked, and there was a vast multitude from every nation, tribe, people, and language, which no one could number, standing before the throne and before the Lamb. They were clothed in white robes with palm branches in their hands. And they cried out in a loud voice:

Salvation belongs to our God,

who is seated on the throne, and to the Lamb!

All the angels stood around the throne, and along with the elders and the four living creatures they fell facedown before the throne and worshiped God, saying,

Amen! Blessing and glory and wisdom

and thanksgiving and honor, and power and strength

be to our God forever and ever. Amen.

"A" ASK

(Presenting our Needs/Hurts/Laments/Requests to the Lord)

Pray for each other - to be equipped and empowered by the Holy Spirit to be witnesses of Christ

But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth. Acts 1:8

Pray that we are equipped for mission, from the lineage of Abraham, to be a blessing for all the families of the Earth.

- for your heart and gifts to be fully used for God's kingdom mission.

- for openness to the Lord's presence and guidance, and being obedient

Pray for those who are in your life, who are far from God, who need to hear the missionary God's invitation to receive Jesus as the resurrected King.

"Y" YIELD

(Surrender, Contemplation and Listening)

YIELDING PRAYER – from Pastor Mitchel's benediction on 5/12/24

May God go before you, to guide you.

May God go behind you, to protect you, for we have a foe.

May God go beneath you, to support you.

May God go alongside you, to befriend you.

Be not afraid.

May the blessing of Almighty God, Father, Son and Holy Spirit, Descend upon you, settle in and around you, and make its home in you. So that you might know the blessing of God, in each, and every, moment of the day, In order that you might be a blessing, to those He sends you to today. And may the Gospel of Jesus Christ reach the ends of the Earth, So that He will return, and we will see Him, face to face. Be faithful until that day. Go in peace and Remember who you are, God's Beloved. Amen

CLOSING PRAYER

As Jesus taught us, so we pray...

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name,

thy kingdom come; thy will be done, on earth, as it is in heaven. Give us this day, our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen.