



Scripture:

LAMENTATIONS 3:1-12

Key Question:

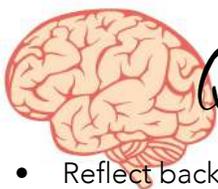
What do you need to lament right now?



Questions Every Time:

Reflect on these five questions and the deeper thinking questions in whatever order is most helpful for learning!

CONTEXT	COMPREHENSION	EVALUATION	DEEP THINKING	APPLICATION
What else do we need to know to best understand this passage?	What's this passage saying? [face value]	What does this passage teach us? ...about God? life? ourselves?	How is this different from what the world teaches?	If you applied what you learn from this passage, how would your life look different?



Questions For Deeper Thinking:

- Reflect back on the past few weeks. If you were to make a map of your emotions or a timeline of how you are feeling day-to-day, what would that look like?
- Think back to your lowest point. Where was God in that moment? What was your posture towards him?
- What if you were to make a map or timeline of your life—all the highs and lows? What would you consider to be the lowest point in your life? Where was God in that moment? Your posture toward him?
- A lament is an impolite plea. It's a prayer or a song of crying out to God. Have you lamented before? Have you cried out to God in sorrow, confusion, or pain? If you were to write a song about it, what might some of the lyrics be?
- What is it about God's character or nature that gives us reason to hope when all else seems lost? How has he demonstrated his faithfulness to you over the years? To people you know? In Scripture?
- Read Lamentations 3:19-24. If you were writing a song, what would your lyrics of hope be?

SONG

WEEP WITH ME | REND COLLECTIVE

QUOTE

"It's not that God met every single one of those questions with really tidy answers, but God met every single one of those questions with himself."
—Aubrey Sampson